

Applebee's Kids Menu

Complete Kids Meals, Prices & Nutrition Information

Updated Menu • Family Friendly • Printable PDF

Kids Menu Overview

Applebee's Kids Menu offers balanced meal options designed for children under 12. Meals include an entrée, side, and drink at affordable prices.

Kids Entrées

Item	Price	Calories
Chicken Tenders	\$6.99	290
Cheeseburger	\$6.99	340
Mac & Cheese	\$6.99	310
Grilled Chicken Alfredo	\$7.49	370
Corn Dog	\$6.49	280

Kids Side Options

Side	Calories
French Fries	220
Apple Sauce	45
Steamed Broccoli	30
Mashed Potatoes	110
Garlic Green Beans	40

Kids Drink Choices

Drink	Calories
Apple Juice	80
Milk (Low Fat)	100
Chocolate Milk	150
Fruit Punch	90
Soft Drink	120

Nutrition & Allergen Notes

Calorie counts are approximate and may vary by location. Common allergens include dairy, wheat, soy, and eggs. Parents should inform staff of any food allergies before ordering.

Frequently Asked Questions

Q: Are kids meals available all day? A: Yes, kids menu items are typically available during all operating hours. Q: Can sides be substituted? A: Yes, side substitutions are available depending on location.

Printable Kids Menu

This printable PDF is designed for parents who want quick access to Applebee's Kids Menu. Prices and availability may vary by location.